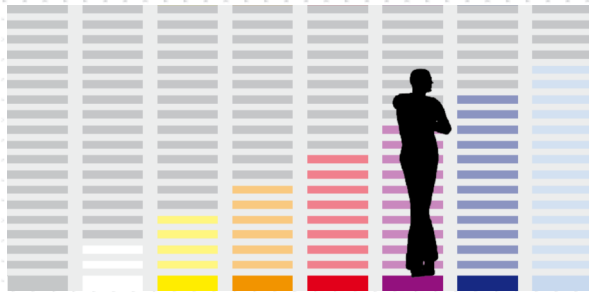


stefan kleinhappi

* 30.01.1982 △ 26 J. ⚡ 26.09.2008 09:47:59 🕒 24:00:00

BIOLOGISCHES ALTER

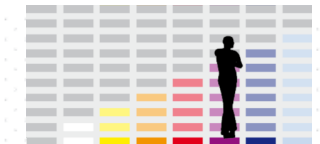


22

Biologisches Alter



LEISTUNGSPOTENTIAL



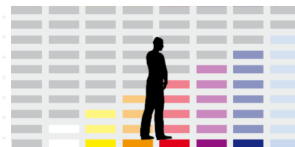
BURN OUT RISIKO

Gesamt Vitalitätsindex **1638**

Herz Leistungsdaten



GESAMTZAHL HERZSCHLÄGE
111370



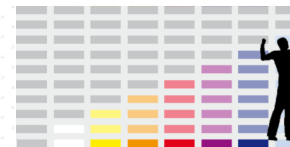
MITTLERE HERZRATE GESAMT
79



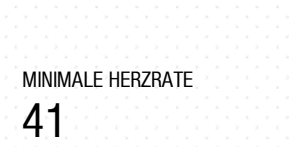
MITTLERE HERZRATE TAG
89



MITTLERE HERZRATE SCHLAF
58

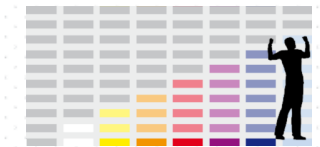


DYNAMIK A:
Differenz Herzrate Tag:Nacht
31



MINIMALE HERZRATE
41

MAXIMALE HERZRATE
170



DYNAMIK B:
Differenz min:max Herzrate
129

HRV Leistungsdaten

TOTAL POWER
10395

VLF
6332_{ms²}

LF
1311_{ms²}

HF
618_{ms²}

log LF/HF
0.3

pNN50
22.3%